



DAVANAGERE UNIVERSITY, DAVANAGERE

B.A. in Psychology

SYLLABUS

With Effect from 2024-25

STATE EDUCATION POLICY

FOR SEM I - II

AS PER SEP : 2024-25

List of BOS Members

Dr.Suchitra

Dean Arts Faculty / BOS Chairperson
Davanagere University, Davanagere

1. Dr.Shivakumar K.

Professor
Department of PG Studies and Research in Psychology
Karnatak University , Dharwad
Mob-9844935744

2. Dr. N. Narasimharaju

Associate Professor, Department of Psychology
Maharani's Arts College for Women, Mysore
Mob-9743673262

3. Prof. Nagaraja O.

Assistant Professor
Department of Psychology, Government First Grade College for Women,
Davanagere
Mob-9901124236

Davanagere University, Davanagere
B.A in Psychology Effective from 2024-25

Semester	Sl. No.	Title of the paper	Teaching Hrs / Week	Semester End Exam	Internal Assessment	Total Marks	Credits	Duration of the Exam
1	2	3	4	5	6	7	8	9
I Sem	1	Foundations of Psychology-I	4 hrs	80	20	100	03	3 hrs
	2	Practical – I	4 hrs	40	10	50	02	3 hrs
II Sem	3	Foundations of Psychology-II	4 hrs	80	20	100	03	3 hrs
	4	Practical – II	4 hrs	40	10	50	02	3 hrs
III Sem	5	Life Span Development – I	4 hrs	80	20	100	03	3 hrs
	6	Practical-III	4 hrs	40	10	50	02	3 hrs
	7	Psychology of Health and Well Being (Elective-I & II)	2 hrs	40	10	50	02	2 hrs
IV Sem	8	Life Span Development – II	4 hrs	80	20	100	03	3 hrs
	9	Practical-IV	4 hrs	40	10	50	02	3 hrs
	10	Youth Gender and Identity (Elective-I & II)	2 hrs	40	10	50	02	2 hrs
V Sem	11	Health Behaviour	4 hrs	80	20	100	03	3 hrs
	12	Practical-V	4 hrs	40	10	50	02	3 hrs
	13	Social Psychology	4 hrs	80	20	100	03	3 hrs
	14	Practical-VI	4 hrs	40	10	50	02	3 hrs
VI Sem	15	Abnormal Psychology	4 hrs	80	20	100	03	3 hrs
	16	Practical-VII	4 hrs	40	10	50	02	3 hrs
	17	Organisational Behaviour	4 hrs	80	20	100	03	3 hrs
	18	Practical-VIII	4 hrs	40	10	50	02	3 hrs

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Faculty of Arts
Davanagere University
Shivagangotri, Davanagere-07

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ಕುಲಸಚಿವರು
ದಾವಣಗೆರೆ ವಿಶ್ವವಿದ್ಯಾನಿಲಯ
ಇವಗಂಗೋತ್ರಿ, ದಾವಣಗೆರೆ-577007

As per SEP
Title of paper : Foundations of Psychology-I

Course No	Type of Course	Theory /Practical	Credits	Instruction hour / week	Total No. of Lectures/Hours /Semester	Duration of Exam	Formative Assessment Marks	Summative assessment Marks	Total Marks
01	PSY-1	Theory	03	04	60hrs.	3hrs.	20	80	100

Objectives

- To introduce students to the basic concepts of the field of psychology with an emphasis on applications of psychology in everyday life.
- To enable the student to understand the application of psychology to different fields

Learning Outcome:

- Students will be familiar with the Basic of Psychology.
- Student will comprehend basic concepts of Psychology

Contents

UNIT –I

INTRODUCTION

-16 hrs

- Genesis, Definition & Goals of Psychology - Describing, predicting and Controlling behavior
- Modern perspectives of Psychology: Biological, Psychodynamic, Behavioral, Cognitive, Socio-cultural, Humanistic and Evolutionary perspective.
- Branches of Psychology: Basic and Applied; General, Social, Child, Developmental, Biological, Abnormal, Cognitive, Educational, Environmental, Industrial, Clinical, Forensic, Military and Sports
- Scientific Methods: Introspection, Observation, Experimental, Survey, Interview and Case study.
- Physiological Basis of Behavior: Neurons, Nervous System, Central and Peripheral Nervous system and Endocrine Glands and its effects: Pituitary, Thyroid, Parathyroid, Adrenal and Gonads.

UNIT- II

SENSATION, ATTENTION AND PERCEPTION

16 hrs

- Sensation: Definition, characteristics and Types of Senses: Visual, Auditory, Gustatory Tactual, Kinesthetic and Organic
- Attention: Meaning, Types - Voluntary, involuntary, habitual phenomena, Determinants of attention - objective & subjective,
- Perception: meaning, determinants and characteristics, Perceptual Organization, Top-Down and Bottom-up Processing. Gestalt principles.
- Perceptual Constancies, Movement Perception, Perceptual illusion, Subliminal perception & Extra sensory perception.
- Depth perception, monocular and binocular.

UNIT-III

LEARNING

16 hrs

- Introduction: Definition; Types of learning – 1) Trial and Error- Experiment and laws of Thorndike.
- Classical conditioning - Experiment and Basic concepts Extinction, Spontaneous recovery, Generalization, Discrimination, Higher order conditioning.
- Operant conditioning - Basic concepts - Reinforcements, Punishment. Processes - Generalization, Discrimination, Shaping, Chaining.
- Cognitive learning-Latent learning-Tolman.
- Observational learning-Bandura, Insight Learning-Kohler.

UNIT-IV

MEMORY AND FORGETTING

12 hrs

- Basic processes- Encoding, Storage, Retrieval
- Models of Memory: Atkinson and Shiffrin's Model, Alan Baddeley's Working Memory. Types of Memory: Episodic, Autobiographical and Flashbulb Memory.
- Forgetting: Nature and Causes and theories of Forgetting- Interference Theory, Decay Theory and Cue-dependent theory.

- d) Techniques of improving memory. Chunking, Mnemonic, Organization, SQRRR (Survey, Question, Read, Recite and Revive)
- e) Selective forgetting - how to forget bad memories

Readings:

Baron, R. & Misra, G. (2013). Psychology. New Delhi: Pearson. Ciccarelli, S.K. & White, J. N. (2017). Psychology, 5th Ed. Pearson.

Coon, D. & Mitterer, J. O. (2013). Introduction to Psychology: Gateway to Mind and Behavior, 13th Ed. Cengage Learning

Feldman, R. S. (2017). Understanding Psychology, 12th Ed. McGraw Hill, New Delhi

Kosslyn, S. M. & Robin Rosenberg, R. (2008). Psychology in Context, 3rd Ed. Pearson.

ಸಾಮಾನ್ಯ ಮನೋವಿಜ್ಞಾನ, ಪಿ. ನಟರಾಜ

ಮನೋವಿಜ್ಞಾನ, ಭಾಗ - 1, ಹಾಗೂ ಭಾಗ - 2 ಮಧುಚಂದ್ರ ಎಂ. ಕೆ, ಹಾಗೂ ಡಾ. ಎನ್. ಎಲ್ ಶ್ರೀಮತಿ

As per SEP

Title of paper: Foundations of Psychology-I

Course No	Type of Course	Theory /Practical	Credits	Instruction hour per week	Total No. of Lectures/Hours /Semester	Duration of Exam	Formative Assessment Marks	Summative assessment Marks	Total Marks
02	PSYPR-2	Practical	02	4	60 hrs	3 hrs	10	40	50

(Conduct any Six Practicals):

1. Directed Observation on the Accuracy of Report
2. Colour Blindness
3. Localization of Sound
4. Mapping of Color Zones
5. Seton Attention
6. Muller Lyer Illusion
7. Illusion of movement
8. Bilateral Transfer of Training
9. Meaning on Retention
10. Retroactive Inhibition
11. Repetition and Recall
12. Meaning on span of apprehension

STATISTICS: Grouping of data: Tabulation and Frequency Distribution, Measures of Central Tendency: Mean and Median for grouped and ungrouped data and application of Measures of Central Tendency.


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As per SEP

Title of paper: Foundations of Psychology-II

Course No	Type of Course	Theory /Practical	Credits	Instruction hour /week	Total No. of Lectures/Hours /Semester	Duration of Exam	Formative Assessment Marks	Summative assessment Marks	Total Marks
03	PSY-1I	Theory	03	04	60 hrs.	3 hrs.	20	80	100

Objectives:

- To Lay basic foundation of various psychological concepts
- To comprehend and analyse provide broader foundation by exposing students to various topics such as Emotion, Motivation, Intelligence, Thinking and Personality

Learning Outcome:

- Students will be familiar with fundamental psychological concepts.
- Student will able to understand analyze and apply these psychological concepts in their life

Contents

Unit-I **EMOTIONS AND MOTIVATION** **18 hrs**

- a) Meaning, definition and characteristics, universal emotions, physiological basis of emotions, changes accompanying emotions – physical, biological, psychological, enhancement of positive emotions and management of negative emotions. Role of emotions in daily life.
- b) Theories of emotions - James- Lange, Canon- Bard, Schacter-Singer, Emotional intelligence
- c) Nature of motivation - drive cycle, physiological motives - hunger, thirst, sex and maternal motive; psycho-social motives - affiliation, achievement, power and aggression, Maslow's need hierarchy,
- d) Approaches-Instinct approach, drive reduction, arousal approach, incentive approach
- e) Types of Motivation - Intrinsic & extrinsic motivation. Strategies to enhance motivation.

Unit-II **COGNITIVE PROCESSES** **12hrs**

- a) Thinking: Meaning, definition, Tools of thinking, Types of thinking- convergent and divergent thinking, Autistic and realistic thinking.
- b) Concept formation
- c) Reasoning: Definition, Types, approaches to study of reasoning.
- d) Problem-solving-strategy and challenges,
- e) Decision making and Creative Thinking : Characteristics and Stages of creative thinking. Language and thought.

Unit - III **INTELLIGENCE** **14hours**

- a) Definition and meaning ,factors influencing intelligence-nature and nurture,
- b) Theories of Intelligence-Spearman, Thurstone, Sternberg, Gardner,
- c) Measurement of Intelligence - types of tests - verbal and nonverbal tests, power and speed tests, individual and group tests, culture free & culture fair tests,
- d) Concept of IQ, classification, distribution of intelligence,
- e) Extremes in intelligence-mentally gifted and mentally challenged, APA classification

Unit-IV **PERSONALITY** **16hrs**

- a) Definition and Meaning, Approaches – Freud's psychodynamic approach, Cattell's and Allport trait approach. OCEAN.
- b) Personality Types - Sheldon, Kretschmer, Jung, and Type A and type B, Myers-Briggs Type Indicator, Bandura's social learning approach,
- c) Concept of self: Carl Rogers, Maslow, Adler,
- d) Assessment of personality - objective methods: rating scales, interview and behavioural tests, self-report inventories, projective tests. (Nature, merits and demerits of each method)

Readings:

Baron, R. & Misra, G. (2013). Psychology. New Delhi: Pearson. Ciccarelli, S.K. & White, J. N. (2017). *Psychology*, 5th Ed. Pearson.

Coon, D. & Mitterer, J.O. (2013). *Introduction to Psychology: Gateway to Mind and Behavior*, 13th Ed. Cengage Learning

Feldman, R.S. (2017). *Understanding Psychology*. 12th Ed. McGraw Hill, New Delhi.

Kosslyn, S.M. & Robin Rosenberg, R. (2008). *Psychology in Context*, 3rd Ed. Pearson.

As per SEP**Title of paper: Foundations of Psychology-II**

Course No	Type of Course	Theory / Practical	Credits	Instruction hour per week	Total No. of Lectures/Hours /Semester	Duration of Exam	Formative Assessment Marks	Summative assessment Marks	Total Marks
04	PSYPR-2	Practical	02	4	60	3 hrs	10	40	50

PRACTICALS: (Conduct any Five)

1. Judgment of Emotions
2. Emotion and Free Association
3. Achievement Motivation
4. Assessment of Aggression
5. Otis' Test of Intelligence
6. Ravens Progressive Matrices
7. Yerkes Multiple Choice Test/ Word Building Test
8. Concept Formation
9. Eysenck Personality Inventory
10. Bell's Adjustment Inventory
11. Emotional Intelligence
12. Friendship Scale

STATISTICS: Measures of Variability: Range, Quartile Deviation, Mean Deviation (Grouped and Ungrouped Data) and their application.

Suchitra.S
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Internal Assessment for Theory Paper

I – VI Semesters

Sl. No	Internal Assessment	Maximum Marks
1	2	3
1	Two Session Test	10
2	Assignment / seminar / group discussion	05
3	Attendance	05
Total		20

Internal Assessment and Semester examination for Practical Paper


I – VI Semesters (10+40=50marks)

Sl.No	Internal Assessment	Maximum Marks
1	2	3
1	Record Journal – IA	10
2	Plan and procedure	10
3	Conducting one experiment	10
4	Result and discussion	10
5	Viva voce	05
6	Statistics	05
Total		50

Internal Assessment for Elective Theory paper

1. Two tests - 04 marks
2. Assignment - 03 marks
3. Attendance - 03 marks

Total- 10 marks


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Theory Examination Question paper pattern
Semester I -VI
BA Semester I Degree Examination 2024-25
(Semester scheme SEP syllabus)

Subject : Psychology

Paper-

Paper Code-

Time- 3hrs

Max marks 80

Instructions for Candidates

- I . All sections are compulsory
- II. Neat and labeled diagrams where ever necessary

Section-A Answer all questions each question carries two marks
(10×2=20 marks)

I

- a.
- b.
- c.
- d.
- e.
- f.
- g.
- h.
- i.
- j.

Section-B Answer any six of the following each question carries five marks
(6×5=30 marks)

- 2.
- 3
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.

Section-c Answer any three of the following each question carries ten marks
(3×10=30 marks)

- 10.
- 11.
- 12.
- 13.

**Examination Question paper pattern for Elective
Semester III -IV
BA Semester III Degree Examination 2024-25
(Semester scheme SEP syllabus)**

Subject : Psychology

Paper-

Paper Code-

Time- 2hrs

Max marks 40

Instructions for Candidates

- I. All sections are compulsory
- II. Neat and labeled diagrams where ever necessary

Section-A

Answer all questions, each question carries two marks

(5×2=10 marks)

- 1.
- 2.
- 3.
- 4.
- 5.

Section-B

Answer any six of the following ,each question carries five marks

(6×5=30 marks)

- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.
- 13.

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