



***DIVYANG FRIENDLY ENVIRONMENT***  
**IN**  
**DAVANGERE UNIVERSITY**  
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## 1 Introduction

Divyang is a Hindi word which means the one with a divine body part. The Prime Minister said that persons with disabilities should no longer be referred to as Divyang persons or viklang. The word viklang is Hindi for someone with non-functional body parts. They should now be referred to as divyang or divyangjan.

Twice during his 'Mann ki Baat' programme in 2015, Prime Minister Narendra Modi had suggested that the term 'divyang' meaning 'divine body' be used instead of 'viklang' or 'Divyang' for persons with disabilities.

Davangere University has decent facilities for Divyang students, the following sections will brief about Divyang facilities at Davangere University.

## 2 Challenges Faced by Divyang People

Professionals who work with postsecondary students with disabilities report the following range of challenges students with disabilities encounter that negatively impact successful transition to four-year schools: Differences in academic requirements. Poor study skills. Inadequate self-advocacy skills. Few of the challenges are listed below,

1. Accessibility – The world around us is not a walk in the park. We have to face several obstacles in every step we take. This is much worse for physically Divyang people. They mostly move around in wheelchairs or use crutches. So, moving around freely is not a luxury that they can afford. Moreover, the public places that we have, are rarely made keeping in mind the comfort of people with disabilities. There are no ramps, or the hallways are too narrow for them to move. Nowadays, many wheelchairs are automated, and buildings are constructing a private residential elevator to make the movement of the Divyang people a little bit easier.
2. Education – education is a basic right for all humans, in a perfect world, education would be free and available to everyone, as dreamed by Gurudev Rabindranath Tagore, but the reality is far from it. A large number of children with disabilities remain out of school and thus they are deprived of basic education. They are not able to run the race of life like the other normal kids. To solve this issue, several education institutions have been opened which focuses on the education of these kids with special needs, they learn the Braille System and adaptive technology helps them lead a better life.
3. Access to healthcare – In a country of 130 Crore people, the health care system is already very stretched. Poor people do not have access to proper healthcare and the people with disabilities are worse off. Often, people with intellectual disabilities are mistreated by the health workers and this makes matters worse. This can be only solved by proper awareness and empathy. The Divyang people

find the speck of good in these situations and help each other in whatever way possible. Thus, it is requested that everyone should make a donation to ensure NGOs are able to cater to their healthcare needs in a much better way.

4. Myths and stereotypes – Certain sections of the Indian population have had financial development in the last decades, there have been social upliftment and overall progress but still there remains a dark orthodox nature in our culture which seems to have stuck with us like a leech. When we interact with people with disabilities, we fall victim to certain myths that are born out of our lack of knowledge and empathy towards such people.
5. Feeling of being ignored – When we interact with a physically challenged person, it does not mean that, he is also suffering from visual or hearing impairment. This thought process often stops us from interacting and communicating with such people. These disability barriers need to be torn down, which is only possible for more awareness.
6. Lack of employment – Employment of any citizen is based upon his education and skills he has picked up along the way. When these people are deprived of basic education, they are bound to fall behind other candidates for that job. The government has introduced schemes which should guarantee jobs for Divyang people.
7. Feeling of being incompetent – Divyang people need more time to do a particular work than other normal people. The disability barriers stop him from performing basic tasks with ease. This makes the person with disabilities that he is pulling his mates down and if filled with sorrow and anger.
8. Teased and abused – Often people find satisfaction in putting others down. They find superiority in bullying the weak and underprivileged. Divyang people often find themselves at the receiving end of such violent and disgusting actions.
9. Being patronized – People with special needs often hear things like, "I know what you are going through" or "I know this must be hard." These kinds of words never do justice to the problems those people face and the troubles they go through every day. A normal person can't know exactly what that person is feeling.
10. Relationships – Human beings are complicated. They judge others on a set of parameters that may or may not apply to all situations. These prejudices are the root cause of all mistrust and misunderstanding. Most Divyang people are desired as life partners, this often brings sadness and loneliness to their lives.

All these issues can be dealt with if people become more understanding and have patience when they deal with people with special needs. Work for Divyang should be made available, this will give them financial independence and provide them with

satisfaction in life. We should make our surroundings more accessible to Divyang people. The homes for the Divyang should be designed in such a way that it is more comforting to them. All these issues can be dealt with if people become more understanding and have patience when they deal with people with special needs. Work for Divyang should be made available, this will give them financial independence and provide them with satisfaction in life. We should make our surroundings more accessible to Divyang people.

### 3 How Divyang Person Can Overcome His/Her Difficulties?

Instead, you should do everything you can to take care of both your physical and emotional health. That means getting as much exercise as possible, eating a healthy diet, getting adequate restorative sleep, and managing stress. Exercise is critical not only for your physical health, but also for mental health.

1. Time Management: Know your limits. If you can't handle 18 credits in one semester, it is worth it in the long run to slow down and take only 15. While the purpose of a college education is to learn as much as you can, that doesn't mean studying all the time. It is important to schedule time for fun and to take breaks to keep your mind fresh and clear. For more ways to manage this kind of academic stress, see this guide of effective study habits.

Schedule your study time and make time for breaks. Also, know your limits. If you are taking too many credits, take fewer next term.

2. Debt: Student loans are relatively easy to get. Many students, however, don't know how repayment works and how many years they may spend paying off their loans. This lack of understanding only adds to the stress. An important part of your education is educating yourself about the structure of the loans you take on to pay for that education. Sit down with a financial advisor to get a firm grasp on the debt you're taking on.

Consider an on-campus job. Working on-campus will cut out potential transportation expenses and help you stay more focused academically. If you had a job in high school and are going to college locally, see if you can continue working while in school. If you are going away to school, inquire about transferring to a job location near your school. In addition, create a budget for shopping trips and eating out and stick to it.

3. Spreading Yourself Too Thin: Decide what is important. Prioritize and schedule events, games, meetings, social events, and studies accordingly. Also, be aware of your options when getting a job. Universities often offer jobs that fit into a student's schedule. Homesickness is a common and normal challenge for college students, especially those who are far from home and in their first year of school.

4. Homesickness: If you live within three or four hours from home (a comfortable day's drive), plan to visit home once every month or two. Ask friends and family to email, call, and send care packages. These steps should greatly assist in reducing feelings of homesickness.

Many campuses have support groups for students. Talking to others who are having similar experiences can help. You may even form friendships with some of the people you meet there. Remember that the other students you come into contact with every day may be feeling the same things you are, and you can help each other.

5. Depression: If stress and depression are an issue, seek professional support. Many campuses have free counseling programs for students. Counselors are trained to listen and help students get back on track. Stress and depression are common problems faced by college students.
6. Sickness/Health Conditions: Eat healthy, balanced meals. Get a good night's rest as well. Wash your hands often. If an illness does develop, visit your campus clinic.
7. Social Problems: Take some time out for yourself. If possible, get away from campus for a break and visit a coffee shop or a mall, take a walk in a neighborhood, or visit a local park. Prioritize time for studying and taking care of yourself. If conflicts do arise and you need help, get your RA or another friend involved.
8. Partying: While parties are important, enjoy them in a responsible and legal way so you don't create problems for yourself or others. Know your limits. Ask for a ride home if you've been drinking. Keep track of your friends and make sure they're being safe, too. Make sure to eat and drink enough water when consuming alcohol. Carry a condom. Understand what it means to have "affirmative consent". While parties can be a great way to blow off steam, partying can also become a major problem in college.
9. Relationships: Relationship advice is hard to give, since the solution varies on a case-by-case basis. Establish a clear communication of your needs and expectations from the outset. If you do break up, consult with a school counselor to work through the experience.

## 4 Facilities for Divyang in Davangere University

Davangere University in order to develop awareness in the higher education system and also to provide necessary guidance and counselling to Divyang persons, following are few facilities,

1. Facilitate admission of Divyang persons in various courses: Davangere University has facilities to provide priority solutions to our Divyang students like reservations in the seat matrix across all the streams.
2. Provide guidance and counselling to Divyang individuals: Davangere University has facilities to provide individual assistance on curriculum and other academic dedicated mentor-mentee activities.
3. Create awareness about the needs of Divyang persons, and other general issues concerning their learning: Davangere University understands about the needs of Divyang persons, and other general issues concerning their learning, gaps etc, Hence, respective mentors in the Department will take care and resolve as it need be.
4. Assist Divyang graduates to gain successful employment in the public as well as private sectors: Davangere University prioritize Divyang in the employment and other entrepreneurship programs and its related trainings.
5. Providing Special Equipment to augment Educational Services for Divyang Persons: Divyang persons require special aids and appliances for their daily functioning. These aids are available in our university through various schemes of the University, Ministry of Social Justice and Empowerment. Availability of devices such as computers with screen reading software, low-vision aids, scanners, mobility devices, etc., in the institutes would enrich the educational experiences of Divyang persons.
6. Scholarships for Differently Abled students: Davangere University enables and helps such students to get Scholarships while they are studying at our campus.

## 5 Conclusion

Davangere University created special facilities such as ramps, rails, moving chairs and special toilets, and made other necessary changes to suit the special needs of Divyang persons. The construction plans of our University clearly addresses the accessibility issues pertaining to disability.