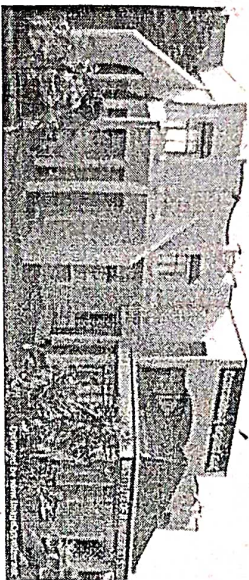


**INSTITUTE OF MANAGEMENT STUDIES**  
In association with IQAC, Davangere University  
is organizing

**One Day Online Workshop**  
on

**“How to catalyse our potential in lockdown  
and Emotion-Focused Therapy”**

**Date: 23/05/2020**



**About the workshop:**

Covid-19 pandemic has created disruptions to the life of professionals, businessmen and other individuals to a great extent. The workshop aims to create a way for individuals to think about the utilization of time during this lockdown period. A very relevant topic on catalysing our potential in lockdown will be discussed and the second topic on Emotion-Focused therapy will make individuals to resolve their confusions on the future learning, employment and make the younger minds stronger to face the contingencies.

**Chief Patron:**

**Prof. S V Halse,**  
Hon'ble Vice Chancellor, Davangere University.  
**Dr. Basavaraj Banakar,**  
Registrar, Davangere University.

**Patrons:**

**Prof. Anitha H S,**  
Registrar (Evaluation), Davangere University.  
**Prof. Gopal M Adavi Rao,**  
Finance Officer, Davangere University.

**Dr. J K Raju,**  
Professor, & Dean of Commerce and Management,  
Institute of Management Studies,  
Davangere University.

**Dr. Shashidhar R,**  
Chairman & Associate Professor,  
Institute of Management Studies,  
Davangere University.

**Dr. V Murugiah,**  
Professor, Institute of Management Studies,  
Davangere University.

**Dr. Gayathri Devaraj**  
Professor and Director of IQAC  
Davangere University.

**Workshop Co-Ordinator:**

**Dr. Asifulla, A,**  
Assistant Professor and Assistant Coordinator IQAC  
Davangere University.

**Organizing Committee members:**

Mr Ramesh Chandrabas, Assistant Professor  
Mr. Santosh Bonmanavar M, Assistant Professor.  
Dr. Sunitha R, Assistant Professor  
**Contact details for more information:**  
6364642957, 9164346305( Workshop Co-ordinator)

**Technical Session: 01**

**Resource Person: Mr. C C Pawate**  
**Topic: How to catalyse our potential in lockdown.**  
**Video Lecture Time: 11-00am to 12.00 Noon**  
**Open Discussion Time: 12:01 pm to 12.40Pm**

Mr. CC Pawate is the Director of Mithra Counselling centre, Tumkur. He creates an open, accepting and friendly environment for the child to explore his or her emotional issues, and use a variety of counselling techniques to help them deal with their problems. Mr. CC Pawate also a state level personality development trainer. He trained professional attributes for IAS and IPS officers in Karnataka. He is also a recipient of various awards.

**Technical Session: 02**

**Resource Person: Dr. Prashantha Kumar O**  
**Topic: Emotion-Focused Therapy (EFT)**  
**Video Lecturing Time: 01pm to 2.00 pm**  
**Open Discussion Time: 2.00pm to 02.40Pm**

Dr. Prashantha Kumar O has 11+ years' of experience in teaching and advising Post-Graduate aspirants and also involved in training the corporates in the area of skilling and behavioural science. Through his various sessions around 35,000 students have benefited from his training. He strives towards the social cause and skill development of Student Community. He completed research in the area of Garment Industry, Davangere University and published various research papers and presented papers in both National and International conferences.

**Registration Fees: FREE**

**Note:** Target audience are Academicians, Students, Research Scholars, Businessmen and others. Registration will be based on first come first serve basis. All the participants who have registered will get e-certificate

**Registration link:**

<https://forms.gle/vKHfYZEV7HNwCUC9>  
**Telegram Group link:**  
<https://t.me/joinchat/RqgD0BqM048YHB1-ULSszQ>